



get grounded.

## the cottage.

### **LGBTIQ Alcohol & Other Drug Services**

Are you concerned about your alcohol or drug use? Are you are an LGBTIQ community member, aged 16 years and over and living in Adelaide? Are you looking for positive ways to change?

Whatever your goals, whether you want to control, cut down or stop drinking or using drugs, we can help.

At Thorne Harbour Health we provide an affirming, welcoming and accessible service specifically for the LGBTIQ community.

**thorneharbour**  
health\*



# the cottage.

## who we are.

Thorne Harbour Health is an LGBTI community-controlled service, governed by our members, and working for our sex, sexuality and gender diverse communities.

Our AOD service is based in Woodville but we can come to you, or we also offer telephone and video conferencing appointments.

We offer brief interventions, counselling, and casework.

## contact us.

(08) 7078 4128

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E-mail us at: [aodsa@thorneharbour.org](mailto:aodsa@thorneharbour.org)

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Our address is:  
51 Bower Street, Woodville, SA 5011

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[thorneharbour.org](http://thorneharbour.org)

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