## **BPD AWARENESS WEEK 2021**

## Mind Matters

Learn more about Borderline Personality Disorder! A person with lived experience will discuss her BPD diagnosis, useful skills, and critical moments in recovery.

If you work with people experiencing BPD and/or emotional distress, this event is for you!

## TUESDAY 5TH OCTOBER 2PM - 5PM SHINE SA @ 57 HYDE ST, ADELAIDE

**RSVP:** margiefischer@bigpond.com

This free event is presented by the Feast Queer Youth Drop In & SAMESH, in collaboration with Mental Health Coalition SA, BPD Co & Mental Health Awareness Month.

