



GENDER WELLBEING SERVICE

GENDER ADVENTURE

Workshops for newly identified Trans and Gender Diverse Young People

Who is this workshop for?

People who are newly identified or out as trans and gender diverse.
Young people aged between 18 to 25.

What will we cover?

- Exploring your own identity
- Self care and wellbeing
- Coming out at school and in work/volunteer contexts
- Coming out to family and friends
- Healthy relationships, dating, and safety
- Transition pathways and community resources

COST: FREE

WHEN: Thursdays 6pm - 8pm. Starting 3 June to 8 July.

WHERE: Sessions will be held over zoom.

Want to register or find out more?

Contact the Gender Wellbeing Service:

7099 5322 or genderwellbeingservice@shinesa.org.au

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