



HELP END DOMESTIC & FAMILY VIOLENCE

Domestic and family violence is everyone's business and together we can end domestic and family violence.

Together we can all do something to help prevent violence whether it is at work, home, school, as a parent or as a bystander. It's up to us. We can all:

- Challenge stereotypes.
- Call out sexist attitudes.
- Speak out if you hear excuses for violence or victim blaming.
- Spread the word that violence is never an option or a solution and there is NO excuse.
 - Acknowledge respect and equality when you see it.
 - Celebrate our role models

We are partnering up with our local community groups, sports clubs, schools, businesses and key stakeholders to raise awareness and implement violence prevention activities. It's a great opportunity to be part of the change we all want to see, making the City of Charles Sturt a safe community for all.

Are you interested in learning about domestic and family violence? Want to be empowered to stand against abuse in your community? Interested in learning how to have respectful relationships? How to recognise the different types of abuse? How to respond to domestic and family violence? Where to seek help?

The City of Charles Sturt is providing free community education on domestic and family violence, respectful relationships, elder abuse, safety and consent.

Feel free to let us know other topics you want us to cover.

We will provide food and an interpreter. For more information please contact **Khadija Gbla** at kgbla@charlessturt.sa.gov.au or **8408 1379**.

