

If you, or someone you know need support with alcohol or substance use, Centacare Drug and Alcohol Service (CDAS) can help.



FAMILIES, YOUTH AND CHILDREN
EMPLOYMENT, EDUCATION AND TRAINING
HEALTH AND WELLBEING | DISABILITY
DOMESTIC VIOLENCE AND HOMELESSNESS

Centacare services provide safe, inclusive,
and high quality care and are available to everyone.

Centacare Drug and Alcohol Service

45 Wakefield Street Adelaide 5000
T 8159 1400

cdas@centacare.org.au
www.centacare.org.au



Centacare welcomes people who are intersex,
gender diverse and of all sexualities.

A Child Safe Organisation

Centacare has an ongoing commitment to building
and maintaining a Child Safe Organisation.



Statement regarding the traditional owners of the land

For thousands of years Aboriginal people have walked
on this land, in their country. Their relationship with the
land is at the centre of their lives. We acknowledge the
Aboriginal people and their stewardship and spiritual
connection with their lands.



Quality Assurance

Centacare is a nationally accredited organisation
assessed against the Quality Improvement Council (QIC)
Australian Health & Community Services Core Standards
and the Community Services Standards.



Centacare

**Centacare Drug and
Alcohol Service (CDAS)**



What we do

At CDAS we offer the following services:

- Drug and Alcohol counselling
- Family support
- In Home Detox supervised by a Registered Nurse
- Physical Health assessments
- Connection and support through Alcohol and Other Drugs (AOD) Lived Experience and LGBTIQ Peer Worker roles
- Information and education
- Harm minimisation
- Health promotion
- Home and community visits
- Referrals to other appropriate services as required.



Who do we support?

- Young people aged 10 – 30 years
- Aboriginal and Torres Strait Islander people
- Culturally and Linguistically Diverse people
- People who are Lesbian, Gay, Bisexual, Transgender, Intersex and/or Queer who are experiencing AOD issues (**10 years and over**)
- Family/Friends/Significant others

How to access CDAS?

People can contact the service directly or be referred by a third party.

Please call **8159 1400** or email cdas@centacare.org.au

*“Change is possible! Making change is a personal thing - we will work with you to identify the things **you** want to change, and support you through each step you take in creating the life that you want.”*

In-Home Detox and Health Check Assessments

CDAS offer clients the support of a Registered Nurse to facilitate a safe, non-invasive detox/withdrawal from substances in the comfort of the client's home. Working in conjunction with the client's GP, In-Home Detox support consists of daily visits by the nurse for 5 consecutive days (Monday to Friday). Counselling support is available both pre and post detox in an effort to assist clients in managing the risk of relapse. Ongoing counselling support is provided as directed by the client by either the Registered Nurse or one of the AOD counsellors.

Physical health checks can also be conducted by the Registered nurse and if necessary, referrals to other health care services can be made.

Lived Experience

Centacare is committed to and values the contribution that lived experience brings in supporting clients to make changes in relation to their AOD use. Lived experience workers know first hand how hard it is to make change and provide hope to clients that recovery is possible.

CDAS offers the support of both an **AOD Lived Experience Worker** and a **LGBTIQ Peer Worker** as part of the counselling team.

CDAS is a safe and inclusive service for the LGBTIQ community.