

The FRESH Course

Disability and Mental Health Focus

SHINE SA's Sexual Health Course for Disability and Mental Health Sector Workers

This dynamic 3-day course aims to update workers to include relationships and sexual health education and support in their work.

On completion of the FRESH Course you will have:

- an increased level of confidence working with people in the area of sexual health and relationships
- a better understanding of how values and beliefs may influence your practice in this area of work
- a new vocabulary about sexual health and relationships to use in practice
- skills to support sexual health needs
- developed an understanding of current resources available and how to use them effectively

WHEN: 14–16 November 2017 (Tuesday, Wednesday & Thursday)

WHERE: SHINE SA, 64c Woodville Road, Woodville

TIME: 9.00 am – 5.00 pm

COST: \$399 Student Concession: \$359

Topics include:

- History of Sexuality & Disability
- Contraception & Pregnancy Options
- STIs & Safer Sex
- Healthy Relationships
- Sex & The Law
- Impact of psychotropic medications
- Sexual Violence & Safety
- Sexual & Gender Diversity
- Assessment tools
- Resource exploration
- Communicating about sexuality

FURTHER INFORMATION & ONLINE ENROLMENT

www.shinesa.org.au/courses/disability-workers

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