



# THE FRESH COURSE

## SHINE SA's SEXUAL HEALTH COURSE FOR CALD WORKERS

*Do you work with culturally and linguistically diverse people?*

*Do they bring up sex, sexuality and sexual health issues?*

*If so, then the FRESH Course (FReedom to Explore Sexual Health) is for you.*

This dynamic 2-day course aims to update workers to include relationships and sexual health education and support in their work.

On completion of the FRESH Course you will have:

- an increased level of confidence working with clients in the area of sexual health
- a better understanding of how values and beliefs may influence your practice in this area of work
- a new vocabulary about sexual health and relationships to use when talking with your clients
- a referral guide and knowledge of how to support clients to access relevant services
- developed an understanding of current resources available and how to use them effectively with clients

**WHEN** 1-2 October 2015

**WHERE** SHine SA, 64c Woodville Road, Woodville

**TIME** 9am – 5pm

**COST** \$160 Student Concession: \$80

> CALD FOCUS

### TOPICS INCLUDE

Sexuality & Sexual Health/Culture

Sex & the Law

Cultural Sexual Violence

Sexual Diversity

Anatomy & Physiology

Contraception

Sexually Transmitted Infections

Contradictions of Pleasure & Culture

Client Stories

### FURTHER INFORMATION

[www.shinesa.org.au/courses/cald-workers](http://www.shinesa.org.au/courses/cald-workers)

- FRESH Course Information Handbook for course details and fee negotiation
- Online Enrolment

ENQUIRIES Phone 8300 5317 / Email [shinesacourses@shinesa.org.au](mailto:shinesacourses@shinesa.org.au)